

Wednesday Runs List - 1st Apr 2023 to 30th Sept 2023

Date	Start (9:30 a.m.)	Ride Planner/Guide	Elevenses	Lunch	Afternoon Tea
5 April 2023	Newbold	Ross	Ullesthorpe	Kilworth Springs	Catthorpe
12 April 2023	Sawbridge	Bob	Southam	Long Itchington	
19 April 2023	Yelvertoft	Ron	Long Buckby	Kilworth Springs	Catthorpe
26 April 2023	Birdingbury	Peter	Brandon Marsh	Long Itchington	Draycote
3 May 2023	Barby	Bob	Southam	Bishops Itchington	
10 May 2023	Barby	Andy		Rainsbrook	
17 May 2023	Sawbridge	Bob	Southam	Fenny Compton	
24 May 2023	Yelvertoft	Andy	Countesthorpe	Sibbertoft	Crick
31 May 2023	Birdingbury	Ron	Hilltop Farm	Stockton	Draycote
7 June 2023	Barby	Bob	Long Itchington	Bishops Itchington	Barby
14 June 2023	Newbold	Ron	Malt Kiln Farm	Bitteswell	Catthorpe
21 June 2023	Sawbridge	Peter	Southam	Stockton	Barby
28 June 2023	Yelvertoft	Andy	Ullesthorpe	Foxton Locks	Catthorpe
5 July 2023	Birdingbury	Ron	Stoneleigh	Church Lawford	Draycote
12 July 2023	Barby	Ron	Stockton	Hellidon	Barby
19 July 2023	Newbold	Andy	Stoney Cove	Broughton Astley	Catthorpe
26 July 2023	Sawbridge	Andy	Southam	Chipping Warden	Daventry
2 August 2023	Barby	Andy	Chapel Brampton	Welford	Crick
9 August 2023	Birdingbury	Bob			
16 August 2023	Barby	Peter			
23 August 2023	Newbold	Ron			
30 August 2023	Sawbridge	Ross			
6 September 2023	Yelvertoft	Peter			
13 September 2023	Birdingbury	Ron			
20 September 2023	Barby	Ross			
27 September 2023	Newbold	Peter			

Itinerary Information - Start points are now fixed although there may be changes to lunch and elevenses venues.

Such changes will always be notified. Rides with picnic lunches and no pub/café option should be notified in advance.

Start Times - Summer start times will be 09:30 unless otherwise advised to allow for a longer ride.

The following have proved useful: 1. Ride together 2. single out if "car up/down" called. 3. Point out potholes or other hazards to following riders. 4. Negotiate awkward manoeuvres as a single group, don't "nip across". 5. Wait for slower riders to catch up at the next road junction. 6. Tell leader if you go your own way. 7. Try not to ride forward of the leader in unfamiliar territory. 8. All riders to be CTC/Cycling UK members. 9. All bikes to have effective rear mudflaps. 10. Don't wave vehicles on - and be wary of drivers waving us across. We must each make an independent assessment of each situation before crossing.

Strong Wind/Heavy Rain: In the event of dangerous or exceptionally difficult conditions, it is the leader's decision to cancel, delay or shorten the ride. If the decision is made early it can be transmitted to all those likely to be involved. Please email lsandy415@googlemail.com before 7.45am. (Those who prefer to make a decision on whether to have an alternative ride, should meet at Barby at 10am where a ride-possibility can be discussed.)